## Discipline Outcome
Teach a topic: The student will be able to teach a physical activity class and or concept from a student derived lesson plan to a group of exercise enthusiasts

### Measure 1 Type:
Direct

*Juried evaluation of student products*

### Measure 1 Description:
82% of the students were successful in mastering national level skills, knowledge and abilities stated by the American College of Sports Medicine and are eligible to sit for their national exam. They needed to apply the knowledge by selecting and administering a safe and appropriate assessment to a person, then calculate scores and provide results to individual.

### Measure 1 Sample Size:
14

### Measure 1 Benchmark

1) Describe the benchmark for this measure.

75% of the completers earn a score greater than 75%, based on ACSM national passing scores.

2) What is the rationale for choosing this benchmark?

Students will need to conduct these technical skills for job interviews and day to day tasks in the profession.
Measure 2 Type:
Direct

Juried evaluation of student products

Measure 2 Description:
Student will be able to demonstrate the ability to determine risk stratification and complete necessary paperwork when working in the field of Kinesiology utilizing their reading and comprehensive skills. A. Ability to administer paperwork and B. Ability to evaluate paperwork

Measure 2 Sample Size:
14

Measure 2 Benchmark

1) Describe the benchmark for this measure.
65% of completers achieve a score higher than 80%

2) What is the rationale for choosing this benchmark?
Students will need to conduct these technical skills for a job interview and day to day tasks in the profession.

Outcomes Met/not met
Surpassed benchmark

Measure 1 Results:
71% of all students scored better than 70%
14% of students scored less than 70%
14% of students did not participate

Measure 2 Results:
of the students who participated,
82% of students scored better than 70%
18% of the students scored less than 70%
1) How did unit/department performance compare to the benchmark?
the scored exceeded the benchmark

2) How does the data compare to the previous year, if applicable?
The scores were higher than previous academic year

3) If multiple measures were used, how do they compare to each other?
n/a

1) Based on the findings, how does the unit/department rate performance in regards to this outcome (strong – exceeds benchmark, neutral – meets benchmark, or weak – misses benchmark)?
Surpassed benchmark

2) How does this assessment affect plans for this coming year in terms of strategic planning, budget planning, administrative and educational support unit planning, and assessment planning?
The program will continue to implement the student success center, collect ACCUPLACER scores, provide mentoring to the instructor and continue to implement the first and second year student course sequence along with requiring students to attend a New Student Program Meeting and complete a criminal background check.

Further Action:
Further Action Unnecessary

Describe the action plan:

Person/ Group responsible for action

Target Date for implementation of the action

Priority
Describe any additional resources needed (Leave blank if no additional resources are needed.)

**Discipline Outcome**

Nutrient content analysis: The student will be able to analyze the nutrient content in a diet and conduct a nutritional assessment

**Measure 1 Type:**

Direct

Dedicated assessment test

**Measure 1 Description:**

80% of the completers were successful in analyzing and conducting a nutritional assessment using software, math calculations and technical writing skills. National standards are followed.

**Measure 1 Sample Size:**

24

**Measure 1 Benchmark**

1) Describe the benchmark for this measure.

75% of the students earn a 75% or better on project/assignment

2) What is the rationale for choosing this benchmark?

This is tough for many students, the national dietary guidelines have changed numerous times in the last several years making it a challenge to keep up.

**Measure 2 Type:**

Direct

Please select
Measure 2 Description:

Measure 2 Sample Size:

Measure 2 Benchmark

1) Describe the benchmark for this measure.

2) What is the rationale for choosing this benchmark?

Outcomes Met/not met
Surpassed benchmark

Measure 1 Results:
of all students 54% scored a 75% or better
8% score below a 75%
38% did not complete the task

of the students who participated
88% scored above a 75%
12% scored below a 75%

Measure 2 Results:

1) How did unit/department performance compare to the benchmark?
strong, improvement was made

2) How does the data compare to the previous year, if applicable?

improvement was made from previous year.
3) If multiple measures were used, how do they compare to each other?

1) Based on the findings, how does the unit/department rate performance in regards to this outcome (strong – exceeds benchmark, neutral – meets benchmark, or weak – misses benchmark)?

Surpassed benchmark

2) How does this assessment affect plans for this coming year in terms of strategic planning, budget planning, administrative and educational support unit planning, and assessment planning?

The weakness with this learning outcome remains students who do don compete the class, or choose to not turn in assignments. Next year program pre-requisited in reading, writing and math will be implemented and am hopeful this will assist in the class completer rate and quality of stundet in the class.

Further Action:
Further Action Planned

Describe the action plan:
further action being taken

Person/ Group responsible for action
sophie mabry

Target Date for implementation of the action
11/03/2014

Priority
High

Describe any additional resources needed (Leave blank if no additional resources are needed.)
support from dean and vice president of instruction
**Discipline Outcome**

CPR/PR/AED RTE BB certified: The student will be able to receive certification in CPR/PR/AED and Responding to Emergencies accredited by a national certifying agency.

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**Measure 1 Type:**

Direct

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Scores and pass rates on a standardized test

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**Measure 1 Description:**

The student will be able to receive certification in CPR/PR/AED and Responding to Emergencies accredited by a national certifying agency.

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**Measure 1 Sample Size:**

11

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**Measure 1 Benchmark**

1) Describe the benchmark for this measure.

80% of the students will receive an 80% or better on written test and 100% score on their practical skills.

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2) What is the rationale for choosing this benchmark?

National standards

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**Measure 2 Type:**

Please select

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**Measure 2 Description:**

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**Measure 2 Sample Size:**

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**Measure 2 Benchmark**

1) Describe the benchmark for this measure.

2) What is the rationale for choosing this benchmark?

Outcomes Met/not met
Surpassed benchmark

Measure 1 Results:

CPR
of all students in class
82% scored 80% or better in written exam
9% scored less than an 80%
9% failed to complete exam
of students who participated:
90% passed written exam with an 80% or higher
10% scored less than a 80%

RTE
Of all students in class
82% scored 80% or better in written exam
9% scored less than an 80%
9% failed to complete the exam
of the students who participated:
90% passed the written exam with an 80% or higher
10% scored less than a 80%

Measure 2 Results:

1) How did unit/department performance compare to the benchmark?

strong

2) How does the data compare to the previous year, if applicable?

all scored and number of folks passing thier exams, being certified was higher than years in past.
3) If multiple measures were used, how do they compare to each other?

1) Based on the findings, how does the unit/department rate performance in regards to this outcome (strong – exceeds benchmark, neutral – meets benchmark, or weak – misses benchmark)?

Surpassed benchmark

2) How does this assessment affect plans for this coming year in terms of strategic planning, budget planning, administrative and educational support unit planning, and assessment planning?

include more case studies, scenarios, attendance policy. Need to make students aware that the need CPR at the PR level for thier internal practicum or they will need to repeat the class, regardless of letter grade. Continue to provide additionl practice time with 2 person CPR to reduce the number of adult only certified professionals.

Further Action:

Further Action Unnecessary

Describe the action plan:

Person/ Group responsible for action

Target Date for implementation of the action

Priority

Describe any additional resources needed (Leave blank if no additional resources are needed.)

Discipline Outcome
Weight training program: The student will be able to develop, write, execute and track a weight lifting program

Measure 1 Type:
Direct

Capstone project

Measure 1 Description:
80% of the students are able to write, develop, and track a standard weightlifting program using technical terms, writing style on a standard weight lifting document.

Measure 1 Sample Size:
9

Measure 1 Benchmark

1) Describe the benchmark for this measure.
80% of the students are able to write, develop and track a standard weight lifting program with a score of 80% or better 3 out of 4 times.

2) What is the rationale for choosing this benchmark?
Students will work as personal trainers in the field and will juggle multiple clients in a given day, writing individualized workout plans for them using company forms.

Measure 2 Type:
Please select

Measure 2 Description:

Measure 2 Sample Size:

Measure 2 Benchmark

1) Describe the benchmark for this measure.
2) What is the rationale for choosing this benchmark?

Outcomes Met/not met
Surpassed benchmark

Measure 1 Results:
of all students
90% cored an 80% or btte
10% scored below 80%

Of the students who pricipated
90% of the students scored above 80%
10% of the students scored below 80%

this is for both fo te writng/developmt and the execution of the execise prescription

Measure 2 Results:

1) How did unit/department performance compare to the benchmark?
strong

2) How does the data compare to the previous year, if applicable?
improvement made from last year

3) If multiple measures were used, how do they compare to each other?

1) Based on the findings, how does the unit/department rate performance in regards to this outcome (strong – exceeds benchmark, neutral – meets benchmark, or weak – misses benchmark)?
Surpassed benchmark

2) How does this assessment affect plans for this coming year in terms of strategic planning, budget planning, administrative and educational support unit planning, and assessment planning?

Keep on doing what we are doing, consolidation of assignments, instructor quality and providing students ample practice time along with constructive useful feedback for them to build on.

Further Action:

Further Action Unnecessary

Describe the action plan:

Person/ Group responsible for action

Target Date for implementation of the action

Priority

Describe any additional resources needed (Leave blank if no additional resources are needed.)