# Christopher A. St. John, MA, LPC

## Biography

I am a licensed Jungian Psychotherapist in Colorado. I am currently employed at Arapahoe Community College as a therapist and have my private practice. I have worked in hospitals, clinics, for the counties and courts, non-profit organizations, and other professional organizations. My areas of expertise include veterans, spirituality, life transitions, depression, anxiety, grief/loss, stress, anger, drug/alcohol, career/vocational development, relationships, communication, personality and developmental disorders, children, divorce, and marriage.

I have been privileged to work with several different people from several different backgrounds with several varying concerns or experiences. I attended three various universities with three unique educational perspectives in psychology and counseling.

My professional philosophy when working with anyone is to meet them where they are at, not where I want them to be. I keep it simple. If you are willing to show up, so am I.

I am a veteran of the United States Navy. I was trained by the Marine Corps and lived on a fort with the Army. I have always wanted to continue to give back to my fellow veterans. I have been honored to work with veterans and/or their families for years. The only thing that made me more proud than serving is serving vets as a therapist.

## Education:

United States Navy

Northlake Community College- Dallas, TX

University of North Texas- Denton, TX

Naropa University- Boulder, CO

Regis University- Denver, CO

C. G. Jung Institute of Colorado- Denver, CO