



A Physical Therapist Assistant (PTA) is a health care provider working under the direction of a Physical Therapist. The PTA is involved in the treatment of individuals with muscular, skeletal, cardiopulmonary and nervous system disorders. The PTA may also be involved in injury prevention or programs specifically targeted toward individual or group wellness. The PTA is able to provide physical therapy services as specified in a care plan developed by a Physical Therapist. Treatment program implementation may include: therapeutic exercise, ambulation training, activities of daily living and administration of physical agents such as heat and cold.

The PTA program at Arapahoe Community College is accredited by the Commission on Accreditation of Physical Therapy Education (CAPTE) of the American Physical Therapy Association. CAPTE can be reached at 1111 North Fairfax St., Alexandria, VA 22314-1488; 1.800.999.2782 or accreditation@apta.org.

The program is five semesters in length with a summer term following the first year. Upon successful completion, the graduate is awarded an Associate of Applied Science degree.

Required Courses	Credits	Pre or Co Reqs Rqd	Course Availability		
			Fall	Spr	Sum
<b>General Education Courses</b>					
• BIO 201 - Human Anatomy and Physiology GT SCI OR BIO 106 - Basic Human Anatomy and Physiology*	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• COM 115 - Public Speaking* OR COM 125 - Interpersonal Communication	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• ENG 121 - English Composition I: GT-CO1*	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• PSY 101 - General Psychology I: GT-SS3*	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• PSY 235 - Human Growth and Development: GT-SS3*	3	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Major Courses</b>					
• HPR 117 - Anatomical Kinesiology	3	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• PTA 110 - Basic Patient Care in Physical Therapy	5	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• PTA 115 - Principles and Practices of Physical Therapy	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• PTA 117 - Anatomical Kinesiology Lab	2	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• PTA 120 - Modalities in Physical Therapy	5	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
• PTA 124 - Rehab Principles of Medical I*	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• PTA 131 - Professional Communications I	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• PTA 134 - Rehab Principles of Medical II*	2	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
• PTA 135 - Principles of Electrical Stimulation	2	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
• PTA 140 - Clinical Kinesiology	5	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
• PTA 141 - Professional Communications II	1	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
• PTA 175 - Special Topics	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• PTA 205 - Psychosocial Issues in Health Care*	2	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
• PTA 230 - Orthopedic Assessment and Management Techniques	5	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• PTA 240 - Neurological Assessment and Management	5	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
• PTA 278 - PTA Seminar	2	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>



Academic Plan  
Associate of Applied Science  
Physical Therapist Assistant  
Catalog Year: 2019/2020

75 Credits

• PTA 280 - Internship I	4	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
• PTA 281 - PTA Internship II	5	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• PTA 282 - PTA Internship III	5	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

### Pre-Requisites, Co-Requisites, and Recommendations (grade C or better required)

Where requirements are listed as course categories (e.g. Electives, Arts/Humanities) rather than as specific courses, please note that depending upon course choice, pre-requisites may be required.

HPR 117 - Anatomical Kinesiology

- Pre-Requisite: BIO 201 - Human Anatomy and Physiology I with Lab: GT-SC1

PSY 235 - Human Growth and Development: GT-SS3\*

- Pre-Requisite: PSY 101 - General Psychology I OR PSY 102 - General Psychology II

PTA 110 - Basic Patient Care in Physical Therapy

- Requirement: Admission to PTA program or instructor's permission

PTA 117 - Anatomical Kinesiology Lab

- Pre-Requisite: BIO 201 - Human Anatomy and Physiology I with Lab: GT-SC1
- Pre-Requisite: HPR 117 - Anatomical Kinesiology

PTA 120 - Modalities in Physical Therapy

- Pre-Requisite: PTA 110 - Basic Patient Care in Physical Therapy

PTA 135 - Principles of Electrical Stimulation

- Pre-Requisite: PTA 110 - Basic Patient Care in Physical Therapy

PTA 140 - Clinical Kinesiology

- Pre-Requisite: HPR 117 - Anatomical Kinesiology
- Pre-Requisite: PTA 117 - Anatomical Kinesiology Lab

PTA 141 - Professional Communications II

- Pre-Requisite: PTA 131 - Professional Communications I

PTA 230 - Orthopedic Assessment and Management Techniques

- Pre-Requisite: PTA 120 - Modalities in Physical Therapy

PTA 240 - Neurological Assessment and Management

- Pre-Requisite: PTA 230 - Orthopedic Assessment and Management Techniques

PTA 278 - PTA Seminar

- Requirement: Instructor permission

PTA 280 - Internship I

- Pre-Requisite: PTA 120 - Modalities in Physical Therapy
- Pre-Requisite: PTA 140 - Clinical Kinesiology

PTA 281 - PTA Internship II

- Pre-Requisite: PTA 280 - Internship I

PTA 282 - PTA Internship III

- Pre-Requisite: PTA 240 - Neurological Assessment and Management
- Pre-Requisite: PTA 281 - PTA Internship II

### Program Outcomes

- Collect, document, analyze, and report data to supervising PT.
- Perform basic physical therapy interventions.
- Demonstrate adherence to legal and ethical policies and procedures.

### Notes

- \*This course requires college level readiness as measured by Accuplacer, ACT, or SAT scores; approved high school



75 Credits

course work that is less than five years old; or successful completion of appropriate college-readiness course.

- AAA 101 – College 101: Student Experience is required for all new college students seeking degrees or transfer.
- All interested students should attend an information session offered by the physical therapist assistant department as soon as possible.
- BIO 106 or BIO 201 and ENG 121 must be completed prior to final admission into PTA program; is a pre-requisite for all PTA coursework.
- Course availability is subject to change.
- Recommended courses may be listed above for certain electives; consult with the Academic Advising Office ([advising@arapahoe.edu](mailto:advising@arapahoe.edu) or 303.797.5664) for additional elective recommendations.
- Refer to 19/20 catalog for specific requirements and important information about this degree.
- Students planning to transfer the speech credit to another school should take COM 115.
- The AAS-Physical Therapist Assistant program at ACC is a full-time program.

### Graduation Requirements

- All major, general education and other courses required for this degree must be completed with a "C" or better to meet graduation requirements.
- To graduate, students must apply for graduation (form available at [www.arapahoe.edu/departments-and-programs/graduation](http://www.arapahoe.edu/departments-and-programs/graduation)) by the deadline and meet all degree requirements.

RECOMMENDED COURSE SEQUENCE FULL-TIME TRACK

Prerequisites	Credits	Course
	4	BIO 201 - Human Anatomy and Physiology GT SCI
	3	ENG 121 - English Composition I: GT-CO1
Year 1: Fall	Credits	Course
	3	HPR 117 - Anatomical Kinesiology
	3	PSY 101 - General Psychology I: GT-SS3
	5	PTA 110 - Basic Patient Care in Physical Therapy
	2	PTA 115 - Principles and Practices of Physical Therapy
	2	PTA 117 - Anatomical Kinesiology Lab
	1	PTA 131 - Professional Communications I
	1	PTA 175 - Special Topics
Year 1: Spring	Credits	Course
	3	COM 115 - Public Speaking OR COM 125 - Interpersonal Communication ~Recommended Communication Course(s)~ COM 115 - Public Speaking*
	5	PTA 120 - Modalities in Physical Therapy
	2	PTA 134 - Rehab Principles of Medical II
	2	PTA 135 - Principles of Electrical Stimulation
	5	PTA 140 - Clinical Kinesiology
	1	PTA 141 - Professional Communications II
Year 1: Summer	Credits	Course
	3	PSY 235 - Human Growth and Development: GT-SS3
	4	PTA 280 - Internship I
Year 2: Fall	Credits	Course
	2	PTA 124 - Rehab Principles of Medical I
	5	PTA 230 - Orthopedic Assessment and Management Techniques
	5	PTA 281 - PTA Internship II
Year 2: Spring	Credits	Course
	2	PTA 205 - Psychosocial Issues in Health Care
	5	PTA 240 - Neurological Assessment and Management
	2	PTA 278 - PTA Seminar
	5	PTA 282 - PTA Internship III