



How Do I Learn?

Circle the items that are most like you. You may choose more than one.

I can learn best in the
morning
middle of the day
afternoon
evening

I seem to do homework best with
an hour or more to think
short work sessions
having a work routine

For learning by reading, I like to
ask questions before reading
skim before reading
ask questions after reading
reread

While learning, what bothers me most is
being in a quiet place
being in a noisy place
having a radio or television on
being interrupted
having to wait for others to finish

I can learn something more easily by
reading it
hearing it
seeing it in pictures
writing it in my own words
explaining it to someone
drawing a diagram or picture of it
talking about it with someone else
teaching someone else

I dislike having to learn
in big group meetings
in small group meetings
in game situations
with a partner who chose me
with a partner I don't know
with a partner the teacher chose
by myself
in team situations

Learning Styles Websites

Canfield Learning Styles Inventory www.tecweb.org/

Emotional IQ www.trainer.org.uk/members/theory/learner/learning_styles.htm

Keirsey Temperament Sorter www.keirsey.com

Learning Theories www.iteslj.org/Articles/Kelly-Experiential/

Left Brain/Right Brain www.brain.web-us.com/brain/LRBrain.html

Multiple Intelligences www.surfaquarium.com/

Resources on Personality Types www.ibiblio.org/personality/faq-mbti.html