

VISUAL JOURNALING SUPPLY LIST

Joy Schultz

Spiral bound sketchbook:

Recommended no smaller than 9x12 and no less than 65 lb paper.

Bigger than 9x12 is fine and heavier paper is ok.

Ballpoint pen

2b pencil

kneaded eraser

non-waterproof India ink and pen with at least one large nib

small cups for water

stabilo fat black watercolor crayon

gesso

round #12 watercolor brush

some kind of palette to mix paint on—disposable or plastic plate will work,

some kind of adhesive:

acrylic medium works very well, any kind of glue you already have or tape

scissors

dropcloth

All the following are optional and interchangeable:

(if you already have any kind of paints, pastels, markers or crayons, brushes or other art materials we can use them—you do not need to buy more at this time.

Fun things to bring if you have nothing already and want to get a few things:

Caran d' arche watercolor crayons—you can buy these individually or as a set.

If you buy individually simply get the colors that you love! These are wonderful, very versatile, and convenient.

Personal items:

anything that expresses who you are: old photos, magazine photos, things you have collected that have deep meaning for you, special papers, quotes, notes from books, questions, things you love, symbols, your HEART!

Any questions please call Joy at 303.797.2725