

# INTERNATIONAL STUDENT FORMS: OPT Recommendation Request



Optional Practical Training (OPT) is an opportunity for you as an F-1 student to work in the United States for one year in an area related to your course of study. Before requesting your advisor to recommend you for OPT in SEVIS, please read through [OPT: General Information](#) and [OPT: How to Apply](#) first.

Student Name: \_\_\_\_\_

Student ID#: \_\_\_\_\_

SEVIS ID#: \_\_\_\_\_

Requested OPT Start Date: \_\_\_\_\_ Requested OPT End Date: \_\_\_\_\_

Pre-Completion OPT

Post-Completion OPT

Anticipated Graduation Date (please include a printout of your DegreeCheck): \_\_\_\_\_

## Employer Information

**Please note:** A job offer is not required when applying for OPT. Fill out this section only if employer information is known.

Employer Name: \_\_\_\_\_

Employer Address: \_\_\_\_\_

City: \_\_\_\_\_

Zip: \_\_\_\_\_

Explain how your OPT will relate to your course of study:

Have you been authorized for CPT or OPT in the past?

**Please note:** Students who complete 12 months of full-time CPT become ineligible for OPT. Students may complete a maximum of 12 months of OPT at each educational level.

Yes

No

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Advisor Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### Office Use Only

OPT Recommendation:

Approved

Denied (provide reason): \_\_\_\_\_

Recorded in SEVIS on (date): \_\_\_\_\_

OPT I-20 given to student on (date): \_\_\_\_\_

SPACMNT note